



Integrative Nutrition in Oncology Special Interest Group

Terms of Reference

Date of approval: January 15, 2026

1. Role

The role of the Integrative Nutrition in Oncology SIG (Nutrition SIG) is to advance the understanding and integration of metabolic and nutrition-based strategies in cancer prevention, treatment, and survivorship.

This Nutrition SIG brings together nutritionists, researchers, clinicians, and other integrative practitioners to promote evidence-based dietary approaches that support metabolic health, enhance therapeutic responses, reduce the risk of recurrence, and improve quality of life for individuals affected by cancer.

The role of supplements will be a focus of the Nutrition SIG in addressing micronutrient deficiencies.

2. Purpose

The purpose of the Nutrition SIG is to:

1. **Highlight Evidence-Informed Research**
Highlight high-quality research on metabolic pathways, dietary patterns, and nutrient-based interventions that influence cancer risk, progression, and recurrence.
2. **Enhance Clinical Integration**
Encourage the translation of metabolic and nutritional science into clinical practice through guidelines, protocols, and interprofessional collaboration.
3. **Educate and Empower**
Provide educational resources, seminars, and training for clinicians, researchers, and patients on the role of diet and metabolic health in oncology.
4. **Facilitate Collaboration**
Create a platform for networking, joint research, and knowledge exchange among professionals working in nutrition science, oncology, metabolism, and lifestyle medicine.
5. **Improve Survivorship Outcomes**
Advance strategies that support long-term health—including dietary patterns, metabolic optimization, and lifestyle interventions—to reduce recurrence and enhance survivorship.
6. **Advocate for Patient-Centered Care**
Promote culturally sensitive, accessible, and personalized nutritional and metabolic approaches that respect individual needs and clinical contexts.

3. Membership

1. The Nutrition SIG leadership will be composed of a Chair and a Co-Chair.
2. Membership will be composed of any number of members who are eligible and express willingness and commitment in helping to achieve the objectives and goals of the Nutrition

SIG. Eligibility is determined by demonstrating experience and interest in integrative nutrition oncology.

3. Members are expected to maintain professional SIO membership registration in their own country or region as appropriate.
4. Terms of service for the Chair and Co-Chair will be for a one (1) 2-year period, with the possibility of renewal for an additional term, at the discretion of the Executive Committee.
5. Members are expected to attend [no less than 80% of all meetings unless excused (e.g., unavoidable conflict)] and actively participate in Nutrition SIG meetings, which are generally held via videoconferencing; volunteer and participate in Nutrition SIG projects and initiatives; keep up to date on Nutrition SIG proceedings and projects.

4. Meetings

1. The Nutrition in Oncology SIG will meet approximately on a monthly basis throughout the year, with 10 - 12 meetings held annually.
2. Meetings will be held via videoconferencing (Zoom) with up to one in-person meeting typically held at the annual SIO conference.
3. Meetings will be 1 hour in duration.
4. Agendas for each meeting will be circulated to members in advance of the meeting, and minutes taken and circulated within one week to the members following each meeting.

5. Reporting and Evaluation

1. Nutrition SIG Chair and Co-Chair will report in writing to the Executive Committee as necessary.
2. One or both Nutrition SIG co-chairs will attend the SIO Board Retreat and present an annual summary of the Nutrition SIG activities, as well as the plan for the year ahead.

3. Amendments and Revisions

These Terms of Reference may be amended or modified in writing after consultation and agreement by the Nutrition SIG. It may be reviewed annually prior to SIO's Annual Meeting. The date of approval and last reviewed date shall be maintained on this document.

Date of last review: 1/13/2026