President's Message

In less than a month we will be raising the curtain on SIO's 2016 international conference, November 5-7 in Miami, Florida. With extensive planning by many people, we are ready and looking forward to great presentations and conversations and to making new acquaintances.

This issue of the NewsWire highlights some of the people and projects who will be part of the conference, as well as catalysts for year-round SIO initiatives to aid our members and advance integrative oncology. As you will note from the article below, our mind-body plenary at the conference will feature panelists sharing their experience, multiple approaches and perspectives. Our conference also will include a session on the work of the International Consortium for Chinese Medicine and Cancer.

The article here on pediatric oncology is an example of SIO’s expanded work to provide you with a forum and resources in specific practice fields. This is a result of the positive feedback we received in our member survey. Watch for additional opportunities for Special Interest Groups. Our very active Research Committee brings you information on new findings in our field. Both groups will be at the November 7 breakfast roundtable at the conference. Please join in the discussions. In this issue’s Integrative Oncology News segment, we identify colleagues and projects in the news, including efforts to increase public understanding of our field.

If you have not yet done so, please register for the conference. In Miami, please say “hello” and feel free to talk with me about your interests and issues and how SIO can best be of service to you and move forward with our mission.

As always, stay in touch.

Jun J. Mao, MD, MSCE
President
Give to SIO and the future of Integrative Oncology

Your support of the Society for Integrative Oncology helps advance our mission by developing public and professional resources.

13th International Conference

Pre-conference registration rates through Oct. 21: Take advantage of pre-conference registration rates, available through October 21, for SIO’s 2016 international conference, November 5-7 in Miami, Florida. See the on-line conference web site for information on the program, gala cruise and pre-conference workshops. Register here.

ICCMC Meeting: Join us on November 5 at the SIO conference to discuss the foundation and mission of the International Consortium for Chinese Medicine and Cancer (ICCMC), as well as its rationale, goals and potential initial projects. Conference attendees interested in Chinese Medicine and cancer research, treatment and management are invited to participate.

Apply for patient advocate scholarships: Patient advocates are invited to apply for a scholarship to

News: Integrative Oncology

ICT Articles: SIO members were among authors in two articles in the September issue of Integrative Cancer Therapies. Co-authors of “Examining Mediators and Moderators of Yoga for Women With Breast Cancer Undergoing Radiotherapy” included Kathrin Milbury, PhD; Alejandro Chaoul, PhD; and Past President Lorenzo Cohen, PhD. President Jun Mao, MD, MSCE, was a co-author of “Acupuncture for Dyspnea in Lung Cancer: Results of a Feasibility Trial.”

Palliative Care Abstracts: SIO members presented abstracts at the ASCO Palliative Care in Oncology Symposium in September. Gabriel Lopez, MD, presented work on “Oncology Massage Impact on Patient With Cancer and Caregiver Self-Reported Symptoms as Part of an Integrative Oncology Program at a Comprehensive Cancer Center” and “Integrative Oncology Consultation and Symptom Palliation: Analysis of Patient-
attend the November 5-7, 2016 SIO conference. Three scholarships are available, made possible through a generous grant from Helsinn. The deadline is 11:59 pm ET on Wednesday, October 19. Scholarships are available to help cover travel, hotel, registration, and other expenses for advocates traveling from outside the greater Miami area to attend SIO2016. Applications will be evaluated and reviewed based on the scholarship eligibility criteria listed on the application. Read more.

Mind-Body Plenary: Plenary sessions at the 2016 international conference will include a program on November 7 on Innovative Mind-Body Interventions for Regulating Health Outcomes. Investigators have long been interested in improving quality of life and health biomarkers using mind-body therapies. We recognize the importance of tailoring interventions to meet the specific needs of diverse populations, including underserved minority and ethnic groups. This symposium presents examples of current research on two mind-body therapies - mindfulness and stress management - as well as innovative adaptations to Black and Hispanic populations, looking at outcomes ranging from biomarkers of health to patient-reported outcomes.

The session chair is Linda E. Carlson, PhD, RPsych, University of Calgary, with presenters: Michael H. Antoni, PhD, University of Miami, “Stress Management Effects on Adaptation, Inflammation and Clinical Outcomes in Breast Cancer”;

Reported Outcomes at a Comprehensive Cancer Center.” In his abstract, Matthew Mumber, MD, focused on “The I-ONE Trial: Integrative Oncology Education for Patient Navigators—A Randomized Pilot Trial of Web-Based Distance Learning With or Without Small Group Retreat.”

Pain Management: In September, Mayo Clinic Proceedings published a review, “Evidence-based Evaluation of Complementary Health Approaches for Pain Management in the United States,” from Richard L. Nahin, PhD, MPH, Lead Epidemiologist, National Center for Complementary and Integrative Health, and colleagues at NCCIH.

In the general media

Acupressure: The Chicago Tribune reported on September 26 on the acupressure study of SIO Past President Suzanna Zick, ND, MPH, and colleagues regarding reduction of fatigue in breast cancer survivors.

Sleeplessness: Board member and Conference Committee Co-Chair Ashwin Mehta, MD, was interviewed about sleep issues in this Miami Herald article.

If you have integrative oncology news or studies from your neck of woods that you would like to share with our members, send to: info@integrativeonc.org with “NewsWire” in the subject line.
David Victorson, PhD, Northwestern University, “Minimally Invasive Bio-Behavioral Measurement Approaches to Characterize the Role of Stress Biomarkers and Patient Reported Outcomes in Mindfulness-Based Interventions with Oncology Patient Samples”; and Suzanne C. Lechner, PhD, University of Miami, “How to Adapt Evidence-Based Interventions for Underserved Populations.”

SIO Resources

Research Update: The SIO Research Committee has provided an update on research on acupuncture, CAM use and tumor field therapy. Each month, the Committee selects a number of recent papers based on search criteria that focus on original clinical research in human populations spanning the full range of complementary therapy modalities. Visit the site here for recent research findings.

Pediatric Oncology: This autumn, events to raise awareness of childhood cancers and fund raise for research initiatives have been going on all over the country. Among initiatives relating to pediatric oncology, SIO is planning a discussion group on November 7 at its conference and provides information on new research relating to gastrointestinal acute graft versus host disease. Read more in this article by Katherine Taromina, MS, LaC, Co-Chair of SIO’s new Pediatric Oncology Special Interest Group.

Herb of the Month: Graviola

We chose Graviola for this month’s focus because of its growing interest among cancer patients. Read more about Graviola. The Herb of the Month column is provided with thanks to the Integrative Medicine Service at Memorial Sloan Kettering Cancer Center, which has developed and maintains a free web site, “About Herbs.”

Jobs and Fellowships

The Department of Pain Medicine, Palliative Care, and Integrative Medicine at Children’s Hospitals and Clinics of Minnesota is seeking a Lead Physician - Integrative Medicine. Send a detailed cover letter and resume/CV to: Ryan Berreth, Administrator of Physician and APP Recruitment, Ryan.Berreth@childrensmn.org, (612) 813-8125. Read more

Events

SIO 13th International Conference - November 5-7, 2016

ARTOI - Integrative Oncology Therapy Research Association International Conference - November 11-13, 2016

American Psychosocial Oncology Society Annual Conference -