

SIO NewsWire - December 2016 - In this issue:

Successful 2016 international conference - advancing the global impact of integrative oncology; planning for our 2017 conference. Plus: intake resources, herb of the month, and integrative oncology news.

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NEWSWIRE

President's Message

As we wrap up the 13th SIO conference, “Advancing the Global Impact of Integrative Oncology,” we reflect on the many remarkable outreach efforts of SIO leaders and members that made this conference the most internationally diverse to date, with 25 countries represented. I'm joined in the photo at right by two of the patient advocates who attended the conference and below by the Board members and Past Presidents for our day-long strategic planning retreat.



In the days following SIO2016, our SIO member Massimo Bonucci, MD, organized a highly successful integrative oncology meeting in Florence, Italy, with 280 Italian oncologists learning the science and practice of both conventional oncology and integrative medicine. SIO Past President Gary Deng, MD, PhD, and I represented SIO to discuss the important role SIO plays in advancing the evidence-based practice of integrative oncology. Because of Massimo's effort, we currently have seven Italian SIO members with additional people expressing interest in joining our organization.

With 529 members in total from more than 30 countries, SIO creates an important platform for health care professionals, researchers, students, patient advocates, and patients to unite globally for the benefit of those individuals whose lives have been impacted by cancer. Let's continue to build on the strong momentum we generated from SIO2016 to grow the field of integrative oncology around the world!

As always, stay in touch.

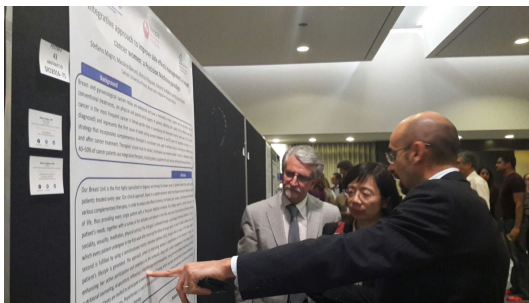
Jun J. Mao, MD, MSCE

President



Give to SIO and the Future of Integrative Oncology

Your [support](#) of the Society for Integrative Oncology helps advance our mission by developing public and professional resources.



14th International Conference

2017 conference: Mark your calendar for SIO's 2017 conference to be held November 11-13 in Chicago, Illinois. The theme will be "Person-Centered Care in Integrative Oncology: Innovations, Impact and Implementation." The conference will



News: Integrative Oncology

IM Milestones: Glenn Sabin and Taylor Walsh have authored a book, [The Rise of Integrative Health and Medicine](#). The formation of SIO is one of the milestones cited.

be held jointly with Northwestern Medicine Osher Center for Integrative Medicine and the Robert H. Lurie Comprehensive Cancer Center of Northwestern University. Watch for updates.

SIO Elects 4 to Board

SIO has elected four new board members to serve three-year terms.

We welcome: Eugene Ahn, MD, Cancer Treatment Centers of America Midwestern Medical Center, Zion, IL; Weidong Lu, MB, PhD, MPH, Zakim Center for Integrative Therapies, Dana-Farber Cancer Institute, Harvard Medical School and Osher Research Center, Boston, MA; Marie Polley, PhD, Health Sciences and Research, University of Westminster, London, England, and Chair, British Society for Integrative Oncology; and Eleanor M. Walker, MD, Center for Integrative Medicine and Department of Radiation Oncology, Henry Ford Health System, Detroit, Michigan. [Read more](#)

SIO Resources

Intake Forms: SIO's Clinical Practice Committee has prepared, as a resource for clinicians, an Integrative Oncology Intake Form and an Oriental Medicine Intake Checklist. These materials are available to members on the [SIO](#)

SAR Conference: Several SIO Board members will be speakers at the [Society for Acupuncture Research 2017 Conference](#) scheduled for April 27-29 in San Francisco, California. Claudia Witt, MD, MBA, will discuss "Successes and Challenges of International Collaborations in Acupuncture Research" and "The Role of Acupuncture in Precision Medicine." The topics of Jun Mao, MD, MSCE, and Weidong Lu, MB, PhD, MPH, will be "Integrating Acupuncture Into Oncology and Mainstream Medical Centers: The Research Evidence" and "The Role of Acupuncture in Precision Medicine Treatment of Cancer."

Integrative Medicine

Meeting: The [Integrative Medicine Meeting](#) in September in Germany provided a focus on integrative oncology and included presentations by SIO Past President Gary Deng, MD, PhD, who opened the scientific program with a look at "Integrative Oncology: Challenges. Experiences. Achievements." SIO member Natasha Winters, ND, discussed "Integrative Oncology Applications in Advanced Cancering Processes."

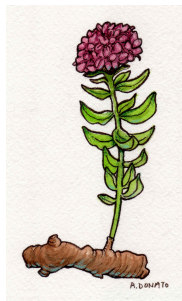
INCAM Research Symposium: SIO members participated in the November 2016 [INCAM Research Symposium](#) in Toronto, Canada, including President-Elect Lynda Balneaves, PhD, RN, who served on

[web site](#) membership's resources section.

White Paper: A white paper was developed out of the Joint Conference held by SIO, the Society for Acupuncture Research, Fascia Research Society, and Osher Center at Brigham and Women's Hospital and Harvard Medical School, in conjunction with SIO's 2015 international conference. The paper, "[Connecting \(T\)issues: How Research in Fascia Biology Can Impact Integrative Oncology.](#)" was published in November 2016 in *Cancer Research*. Among authors are SIO President Jun Mao, MD, MSCE, and SIO Past Presidents Gary Deng, MD, PhD, and Suzanna Zick, ND, MPH.

Herb of the Month: Rhodiola

We chose Rhodiola for this month's focus because of its growing use to increase stamina and to mitigate stress. [Read more](#) about Rhodiola.



The Herb of the Month column is provided, with SIO's thanks, by the Integrative Medicine Service at Memorial Sloan Kettering Cancer Center, which has developed and maintains a free web site, "[About](#)

the scientific program committee and chaired a cancer research session; Dugald Seely, ND, MSc, panelist on "Exploring Integrative Models of Care" and "Randomized Controlled Trials"; and Past President Heather Greenlee, ND, PhD, keynote on "Culturally-Tailored Integrative Oncology: Research and Practice in New York City." Posters were presented by SIO members Julie Ennis, PhD, Ellen McDonell, ND, and Dr. Seely.

Survivorship Symposium: SIO member Mark O'Rourke, MD, will be participating in ASCO's January 27-28, 2017 Cancer [Survivorship Symposium](#) in San Diego, California. He will be a panelist on survivorship care, focusing on a prostate cancer clinic case.

Acupuncture Board: California Governor Edmund G. Brown Jr. announced the appointment of SIO member [Amy Matecki, MD](#), to the California Acupuncture Board. She is chief of the Integrative Medicine Division at Alameda Health, where she has been an attending physician since 2004.

TREC Training: A five-day training workshop on Transdisciplinary Research on Energetics and Cancer (TREC) will be held at Yale University on June 18-23, 2017. Applications for this workshop are **due January 2, 2017**. Read

[Herbs.](#)”

Events

[American Psychosocial Oncology](#)

[Society Annual Conference](#) -

February 15-18, 2017

[SIO 14th International Conference](#) -

November 11-13, 2017

more and obtain application information [here](#). Faculty will include SIO member Jennifer Ligibel, MD, and Past President Heather Greenlee, ND, PhD.

Anxiety Disorder Trial: “[Long-Term Chamomile \(*Matricaria chamomilla* L.\) Treatment for Generalized Anxiety Disorder: A Randomized Clinical Trial.](#)” by SIO President Jun Mao, MD, MSCE, and colleagues, was published on line on ScienceDirect. Memorial Sloan Kettering profiled [Dr. Mao](#) in a November 11 blog posting.

Electro-Acupuncture - Sleep Disturbance: “[Comparative Effectiveness of Electro-Acupuncture Versus Gabapentin for Sleep Disturbances in Breast Cancer Survivors With Hot Flashes: A Randomized Trial.](#)” by Jun J. Mao, MD, MSCE, and colleagues was published November 28 in *the Journal of the North American Menopause Society*.

If you have integrative oncology news or studies from your neck of woods that you would like to share with our members, send to: info@integrativeonc.org with “NewsWire” in the subject line.



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