President’s Message

“Advancing the Global Impact of Integrative Oncology” is our theme for the SIO international conference, November 5-7, 2016 in Miami, Florida, and we are making the most of the opportunity to share with and learn from colleagues around the world. In this issue of NewsWire, you will read about workshops in which you will gain an international perspective on experiences, procedures and findings in integrative oncology.

I have just returned from China, where I had wonderful conversations with researchers and clinicians on integrative oncology. The enthusiasm for SIO’s conference in Miami and the opportunities for collaborating across the globe are invigorating. I am looking forward to many similarly enriching discussions at our conference, both in educational sessions and informal chats. Together, we can advance the science and practice of integrative oncology across the globe.

With the conference now less than three months away, it’s a great time to register and take advantage of early bird registration rates. Please say hello in Miami and, in the meantime, follow me on Twitter – @SIOPresident.

As always, stay in touch.

Jun J. Mao, MD, MSCE
President

Give to SIO and the future of Integrative Oncology

Your support of the Society for Integrative Oncology helps advance our mission by developing public and professional resources.
13th International Conference

Early registration rates through Sept. 9: Take advantage of early bird registration rates, available through September 9, for SIO’s 2016 international conference, November 5-7 in Miami, Florida. See the online conference web site for information on the program, gala cruise and pre-conference workshops. Register here.

Workshops: The theme of the 2016 conference, Advancing the Global Impact of Integrative Oncology, will be reflected in the international sharing of information and experiences in a number of workshops.

Sessions on November 6 will include “Strengthening International Collaboration on Integrative Cancer Rehabilitation: Perspectives from the Current Situation and Practice in China” and “The Integration of Chinese and Western Medicine for Cancer Treatment and Symptom Management.” A November 7 workshop will focus on “Integrative Medicine for Adolescents and Young Adults with Cancer Across the Globe.” Read more about these workshops.

News: Integrative Oncology

University at Buffalo: SIO Past President Kara Kelly, MD, has been appointed chief of the Division of Hematology and Oncology in the University at Buffalo’s Department of Pediatrics. She will lead the joint pediatric hematology and oncology program, a partnership of Women and Children’s Hospital of Buffalo, Roswell Park Cancer Institute, UB. and UBMD Pediatrics.

Obesity Study: “Trends in Obesity Prevalence in Adults With a History of Cancer: Results From the US National Health Interview Survey, 1997 to 2014,” research by SIO Past President Heather Greenlee, ND, PhD, and colleagues, was published in July in the Journal of Clinical Oncology. The study found that obesity increased more rapidly among adult cancer survivors compared with the general population, with colorectal and breast cancer survivors and non-Hispanic blacks identified as being at the highest risk for obesity. The National Cancer Institute provided a grant for the study.

Light Therapy: The July issue of Contemporary Clinical Trials included a study from SIO Research Committee Co-Chair Linda
**Review of Literature:** The popular "Review of Literature" has been scheduled for November 7 at the 2016 conference. This workshop will be moderated by Ting Bao, MD, DABMA, MS, Memorial Sloan Kettering Cancer Center, with speakers Eugene Ahn, MD, Cancer Treatment Centers of America; M. Kay Garcia, DrPH, LAc, MD Anderson Cancer Center; and Gregory Plotnikoff, MD, MTS, FACP, Minnesota Personalized Medicine.

**Herb of the Month: Boswellia**

We chose Boswellia for this month's focus because of its growing interest among cancer patients. Read more about Boswellia. The Herb of the Month column is provided with thanks to the Integrative Medicine Service at Memorial Sloan Kettering Cancer Center, which has developed and maintains a free web site, "About Herbs."

**SIO Resources**

**Call for Board Nominations:** SIO is accepting nominations from SIO members to fill three anticipated vacancies on its Board of Trustees for 2016-17 (following our November conference). SIO welcomes the nomination of researchers, clinicians, clinical researchers, patients, and patient advocates. Read more about eligibility and submission

Carlson, PhD, RPsych, and colleagues: "The LITE study: Rationale and Protocol for a Randomized Controlled Trial of Light Therapy for Cancer-Related Fatigue in Cancer Survivors," which examined the effect of light exposure on cancer-related fatigue and its potential psychological, behavioral, and biological mechanisms.

**Cancer-Related Fatigue:** "Effects of Infrared Laser Moxibustion on Cancer-Related Fatigue: A Randomized, Double-Blind, Placebo-Controlled Trial," published in the August 15 issue of Cancer, was co-authored by SIO President Jun J. Mao, MD, MSCE.

**ASCO Pain Guideline:** The American Society of Clinical Oncology (ASCO) has issued a new clinical practice guideline, including integrative approaches, on management of chronic pain in adult cancer survivors. The guideline recommends a full range of evidence-based strategies. "Management of Chronic Pain in Survivors of Adult Cancers: American Society of Clinical Oncology Clinical Practice Guideline" was published in the Journal of Clinical Oncology.

**Acupuncture:** SIO Past President Barrie Cassileth, MS, PhD, co-authored an article in ASCO Post on "Acupuncture: Does It Alleviate Symptoms Associated With Cancer Care?"

**Underserved Survivors:** The American Institute for Cancer Research conference,
procedure. The deadline for nominations is August 31, 2016.

Research updates: Each month, the SIO Research Committee selects, for our web site update, a number of recent papers based on search criteria that focus on original clinical research in human populations spanning the full range of complementary therapy modalities. Visit the site here for recent research findings.

Natural medicine: As a benefit to members, SIO provides access to the Natural Medicines database web site. Here is information on how NM sets safety and effectiveness ratings.

November 14-16, will include a presentation by SIO Past President Heather Greenlee, ND, PhD, on “Interventions in Underserved Survivors.”

If you have integrative oncology news or studies from your neck of woods that you would like to share with our members, send to: info@integrativeonc.org with “NewsWire” in the subject line.

Events

SIO 13th International Conference - November 5-7, 2016

ARTOI - Integrative Oncology Therapy Research Association International Conference - November 11-13, 2016

American Psychosocial Oncology Society Annual Conference - February 15-18, 2017
Our mailing address is:
136 Everett Road, Albany NY 12205

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