

## President's Message

Greetings!

As we enter mid-winter and hope for an early spring, one of the things we can use to help keep us warm is thinking about our SIO 2015 conference, whose theme is "Integrative Innovations."



The planning for our conference is progressing rapidly and I'm excited to give you some sneak peeks. The conference, in Boston, Massachusetts, on Sunday and Monday, November 15-16, will feature two days of SIO keynotes, plenaries, workshops, abstract presentations, and more, preceded by a first-ever joint conference day.

Our joint conference day on Saturday, November 14, will have us sharing a conference day with our colleague organizations the Society for Acupuncture Research (SAR) and the Fascia Research Society. Specifically, the joint conference day will address the respective interfaces between acupuncture and oncology, oncology and fascia, and fascia and acupuncture. In this synthesis of clinic and basic science research, experts in each area will share their latest findings and engage in extraordinary discussions on the interaction of integrative oncology, acupuncture, cancer biology and mechanobiology.

The joint day will be held at Harvard Medical School's Joseph B. Martin Conference Center, and SIO's next two days of programming will take place at the Boston Park Plaza Hotel.

Look for an email announcement with a link to the joint day program and speakers, as well as a call for proposals for workshops in the next few weeks.

SIO was created from the perspective that we gain from a multidisciplinary approach in our professional development and in care of those we serve. The development of this joint conference is an important milestone in advancing our work. Watch for further updates on our November 14-16 programs.

I am looking forward to great presentations and terrific conversations with attendees as we make history in Boston!



## NEWSWIRE

### Thursday, Feb. 26 Webinar on Breast Cancer Guidelines

SIO will present a webinar on February 26 at 1 p.m. Eastern Time on the Society's newly published Clinical Practice Guidelines on the Use of Integrative Therapies as Supportive Care in Patients Treated for Breast Cancer. The webinar is free to SIO members. Watch for the registration announcement.

The guidelines were prepared by researchers at [Columbia University's Mailman School of Public Health](#) and the [Herbert Irving Comprehensive Cancer Center](#) with colleagues at [MD Anderson Cancer Center](#), [University of Michigan](#), [Memorial Sloan Kettering](#), and other institutions in the U.S. and Canada and analyzed which integrative treatments appear to be most effective and safe for women undergoing breast cancer treatment. The authors evaluated more than 80 different therapies. This is the latest in a series of integrative oncology guidelines published by SIO.

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**About our speaker:** Heather Greenlee, ND, PhD, Immediate Past President of SIO, is Assistant Professor of Epidemiology at Columbia University's Mailman School of Public Health. She trained as a naturopathic physician and an epidemiologist.

Her research focuses on the use of complementary and integrative medicine and lifestyle modifications for breast cancer prevention and control, with a specific interest in Latina breast cancer survivors. Dr. Greenlee uses observational studies and clinical trials to study what women can do, in addition to conventional treatment, to prevent breast cancer, decrease side-effects of treatment, and improve prognosis. Dr. Greenlee completed postdoctoral fellowships in cancer prevention and control at the Fred Hutchinson Cancer Research Center and Columbia University. Dr. Greenlee is an active member of SWOG within the National Cancer Institute's National Cancer Clinical Trials Network.



## SIO Names Keynoters for 2015 Conference

Three keynote speakers have been named for SIO's 12<sup>th</sup> International Conference to be held November 14-16, 2015 in Boston, Massachusetts. SIO is incredibly honored to have such diverse and distinguished presenters that touch on topics from neuroimaging to spirituality. Our keynoters are:

[Herbert Benson, MD](#), is Director Emeritus of the Benson-Henry Institute (BHI), and Mind Body Medicine Professor of Medicine, Harvard Medical School. A pioneer in Mind Body Medicine and one of the first Western physicians to bring spirituality and healing into medicine, he will speak about relationship-based, patient-centered care in integrative oncology.



[Jennifer Ligibel, MD](#), is Assistant Professor in the Department of Medicine of Harvard Medical School and Attending Physician in Adult Oncology at the Dana-Farber Cancer Institute. She will discuss the relationship between energy balance, exercise and cancer prognosis.

[Bruce Rosen, MD, PhD](#), is the Laurence Lamson Robbins Professor of Radiology, Department of Radiology, Harvard Medical School Professor, Department of Health Sciences and Technology at Harvard Medical School and the Director of Athinoula A. Martinos Center for Biomedical Imaging at Massachusetts General Hospital in Charlestown. His topic will be the use of physiological and functional nuclear magnetic resonance techniques and cancer.



The program also will feature several post-conference workshops in areas such as integrative nursing and music therapy and will have a clinical track focused on evidence-based "take-home" information for integrative clinicians.

The two-day program will be preceded on November 14 by a joint conference in Boston, sponsored by SIO, The Society for Acupuncture Research, and Fascia Society, examining the intersection of acupuncture, oncology and fascia.

Mark your calendar and watch for more information about the conference.

## Upcoming Events

**November 14 - 16, 2015**

[12th International Conference of the Society for Integrative Oncology](#)  
Boston, Massachusetts

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## Call for Workshops, Abstracts Coming Soon

Watch for announcements of the call for workshop submissions and the call for abstract submissions for SIO's 12<sup>th</sup> International Conference, to be held November 2015 in Boston, Massachusetts.

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## Meet Your Board Member: Shruti Jolly, MD

Shruti Jolly, MD, a board-certified radiation oncologist practicing at the University of Michigan and Ann Arbor VA hospitals, has joined the SIO Board of Trustees. Bringing a background in clinical work and research, Dr. Jolly sees "the addition of integrative therapies as crucial in the care of all patients, especially those with cancer who are suffering from their disease and its psychosocial burden." For Dr. Jolly, "Incorporating these therapies as part of routine cancer care has become both a personal and professional goal."

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## SIO Members in the News

### Breast Cancer

Researchers at Columbia University's Mailman School of Public Health, collaborating with the New York City-based not-for-profit Cook For Your Life, have published the results of an [intervention designed to provide a diverse and under-represented group of Latina breast cancer survivors](#) with the knowledge and skills needed to change and sustain dietary behaviors. The study was led by SIO Immediate Past President Heather Greenlee, ND, PhD, assistant professor of Epidemiology at Columbia, and Ann Ogden Gaffney, president and founder of Cook For Your Life.

### Herb and Supplement Use

["National Survey of US Oncologists' Knowledge, Attitudes, and Practice Patterns Regarding Herb and Supplement Use by Patients With Cancer."](#) published in the December 20, 2014 issue of the *Journal of Clinical Oncology*, was authored by SIO Executive Committee member Richard T. Lee, MD, at MD Anderson Cancer Center, along with Andrea Barbo, Gabriel Lopez, Amal Melhem-Bertrandt, Heather Lin, Olufunmilayo I. Olopade, and Farr A. Curlin. In conclusions, the study states that improving physician education about herbs and supplements may facilitate more physician-patient communication about this important topic.

### Road to Modern Oncology

SIO's Founding President, Barrie Cassileth, PhD, Laurance S. Rockefeller Chair in Integrative Medicine at Memorial Sloan Kettering Cancer Center, has written an article, ["The Long and Winding Road to Modern Integrative Oncology."](#) in the *ASCO Post*. The article cites the newly published SIO breast cancer guidelines as an example of such progress.

### Best of SIO2014

The *ASCO Post* January 25, 2015 issue includes an article on ["The Best of SIO"](#) presentation of abstracts at the 2014 International Conference in Houston, Texas.

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## Upcoming Conferences and Events of Interest

**February 13 – 15, 2015**

[4<sup>th</sup> Annual OncANP Conference](#)  
Phoenix, Arizona

**March 14 - 17, 2015**

[American Society of Preventive Oncology Annual Meeting](#)  
Birmingham, Alabama

**April 23 - 26, 2015**

