Late-Breaking Abstract Submission Opens July 1

SIO is accepting late-breaking abstracts from July 1 to 15 for the Society's 11th Annual International Conference. Abstracts representing the broad spectrum of integrative oncology, integrative cancer research (basic, clinical, health care utilization, cost effectiveness, program and best practice guideline development), and clinical care are welcomed. In keeping with this year's conference theme of "Personalized Integrative Oncology: Targeted Approaches for Optimal Outcome," individuals submitting abstracts are encouraged to consider the targeted and personalized approaches of their work and its relevance to integrative cancer care. Submissions must be made through the SIO Online Abstract Submission System, which will be open July 1-15. The conference will be held October 26-28 in Houston, Texas.

Register for June 18 Webinar on Acupressure

Acupressure for sleep, pain and depression will be the focus of SIO’s June 18 webinar. The hour-long program, which will begin at 2 p.m. Eastern Time, will be presented by Suzanna Zick, ND, MPH, President-Elect of SIO. Participation in the webinar series is a benefit of SIO membership. During this webinar, Dr. Zick will explain the difference between relaxation and stimulation acupressure compared to standard of care on sleep, pain and depression. She will also show various acupressure points and how to apply appropriate pressure on a patient/participant.

Dr. Zick is a Research Associate Professor in Family Medicine and a Research Associate Professor of Environmental Health Sciences in the School of Public Health at the University of Michigan.

About Our June Webinar Speaker: Dr. Suzanna Zick

Suzanna Zick, ND, MPH, received her degree as a Naturopathic Physician from the National College of Naturopathic Medicine in Portland, Oregon, and her Masters of Public Health in Epidemiology from the University of Michigan in Ann Arbor. Currently, Dr. Zick is a Research Associate Professor in Family Medicine and a Research Associate Professor of Environmental Health Sciences in the School of Public Health at the University of Michigan. She is SIO's President-Elect and is involved in the planning of SIO's 2014 and 2015 international conferences.

Keynotes Announced for SIO2014 Conference

John Mendoza, MD, Sonia Lupien, PhD, and Sonia Ancoli-Israel, PhD, will present keynotes at SIO's 11th International Conference in Houston, Texas. The conference will be held October 26-28.

Personal Integrative Oncology: Presenting on the conference theme of personalized integrative oncology will be Dr. Mendelsohn, Director of the Institute for Personalized Cancer Therapy at MD Anderson Cancer Center at the University of Texas and past President of MD Anderson. He is Professor in the Department of Experimental Therapeutics for the Division of Cancer Medicine at the Center. Renowned for his research and leadership in targeted cancer therapy since 1980, he and colleagues created the first reported inhibitor of the product of a tyrosine kinase oncogene - monoclonal antibody C225 against the EGFR receptor - which ultimately led to the FDA approval of the drug, renamed cetuximab (Erbitux).
Two important leaders in integrative medicine were honored for their work and achievements: John Weeks, Publisher/Editor of the Integrator Blog News and Reports, and Executive Director for the Academic Consortium for Complementary and Alternative Health Care, and Aydil (Adi) Haramati, PhD, founding Vice Chair of the Consortium for Academic Health Centers for Integrative Medicine.

Time to Plan

The Congress provided a wonderful opportunity to talk with colleagues in attendance and to advance SIO’s communications and collaborations with leaders of other organizations. As so many of us were in one place, we took advantage of the occasion by getting together to plan SIO educational programs and resources. Stay tuned for information on the fruits of discussions generated while at the Congress.

Abstract Opportunity

Also of note, SIO is opening our first “late-breaking abstract” submission on July 1. This will provide you, your colleagues and your trainees an opportunity to submit work that wasn’t quite ready to submit in May. Our conference is a great venue to present your original research, as well as research that you have presented elsewhere that you think will be of interest to our SIO members.

Very best,

Heather Greenlee, ND, PhD
President, SIO

Stress and Cancer: Dr. Susan Lupien, Scientific Director of the Fernand-Seguin Research Centre of Louis-H. Lafontain Hospital, and Associate Professor with the Department of Psychiatry at the University of Montreal, will discuss stress and cancer. Founder and Director of the Centre for Studies on Human Stress, she has been studying the effects of stress throughout the lifespan of the brain for the past 20 years.

Sleep and Cancer: Dr. Sonia Ancoli-Israel will focus her presentation on sleep and cancer. She is Professor of Psychiatry at the University of California San Diego School of Medicine, Director of the Gillin Sleep and Chronobiology Research Center, Co-Director of the Laboratory for Sleep and Chronobiology at the UCSD General Research Center, and Director of Education at the UCSD Sleep Medicine Center. Her research has included principal investigator on National Institutes of Health-funded projects, including whether cognitive decrements seen during chemotherapy may be influenced by fatigue, poor sleep and disrupted circadian rhythms in women with breast cancer.

Watch for updates on programs and other activities slated for SIO2014.

Meet Your Board Member: Dr. Gregory Plotnikoff

Gregory A. Plotnikoff, MD, MTS, FACP, likes mysteries – unravelling medically unexplained symptoms. He finds that taking an integrative approach of mind, body and spirit is often a positive path in such matters, including interventional nutrition, herbal medicines and spirituality in clinical care. His casework also involves chronic and complex disease.

Upcoming Events

October 26 - 28, 2014

11th International Conference of the Society for Integrative Oncology
Personalized Integrative Oncology: Targeted Approaches for Optimal Outcomes
Omni Houston Hotel, Houston, Texas

October 13 - 15, 2014

6th Biennial Symposium of Integrative Medicine Professions in the Land of Enchantment
Including Simply Botanicals Pre-Conference Workshop on October 12
Albuquerque, New Mexico

November 14 - 16, 2015

12th International Conference of the Society for Integrative Oncology
Boston, Massachusetts