

President's Message

Dear Colleagues,

Last year at about this time, we were engaged in terrific presentations and conversations in Vancouver, Canada, at SIO's Tenth International Conference. The conference began with a fruitful leadership retreat that tasked our Board, Committee Co-Chairs and Past Presidents to identify goals and chart SIO's course forward for continued growth. We are now set to embark upon another great conference, in Houston, Texas, October 26-28. This year, our leadership retreat will build upon the five strategic goals that we set in motion in Vancouver:



1. Grow membership and strategic partnerships; enhance international membership and presence
2. Establish SIO as a recognized international resource, research-based society, and partner to other major oncology organizations
3. Develop an SIO communications strategy to engage both internal and external audiences
4. Establish a plan for patient education, advocacy and outreach
5. Identify philanthropic goals and create a well-defined sponsorship program

Our committees are working hard to develop new resources and initiatives to realize our mission. At SIO2014, you will have the opportunity to hear about their accomplishments and plans for the year ahead – and learn how to get involved. Toward that aim, I am pleased to announce our Committee and Task Force Co-Chairs for 2014-15:

- **Research:** Incoming Co-Chairs - Linda Carlson, PhD, and Ting Bao, MD, DABMA, MS

- **Clinical Practice:** Incoming Co-Chairs - Judith Fouladbakhsh, PhD, RN, AHN-BC, PHCNS-BC, CHTP, and Santosh Rao, MD

- **Education:** Continuing as Co-Chairs - Christian Boukaram, MD, and Gregory Plotnikoff, MD. MTS, FACP



NEWSWIRE

Meet New SIO Committee Co-Chairs

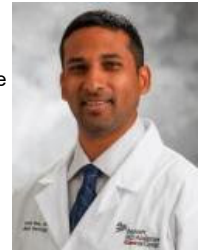
SIO is pleased to introduce Co-Chairs of the Clinical Practice and Research committees for 2014-2015. Judith Fouladbakhsh PhD, RN, AHN-BC, PHCNS-BC, CHTP, and Santosh Rao, MD, will serve as Co-Chairs for the Clinical Practice Committee and Linda Carlson, PhD, and Ting Bao MD, DABMA, MS, for the Research Committee.

Clinical Practice Committee



Judith Fouladbakhsh, PhD, RN, AHN-BC, PHCNS-BC, CHTP, is Associate Professor at Oakland University School of Nursing. She holds advanced practice certifications in Community Health and Holistic Nursing, and is a Certified Healing Touch Practitioner, Reflexologist and Reiki Master. An advanced practice nurse and educator for many years, Dr. Fouladbakhsh has extensive experience in complementary and alternative medicine (CAM), integrative oncology, pain management, public health and cancer nursing. She developed and directed the interdisciplinary graduate Certificate Program in Complementary Therapies for Healthcare at Wayne State University, which informs nurses and other healthcare providers on the evidence-base for integrative care, and the research process related to CAM therapies. Widely published and active on numerous national and international organizations, her research focuses on the use of CAM therapies and integrative approaches by cancer survivors for symptom management and health promotion, for which she developed the CAM Healthcare Model©.

Santosh Rao, MD, practices at Banner MD Anderson Cancer Center in Gilbert, Arizona, specializing in Medical Oncology, Breast Oncology, Survivorship, Cancer Prevention and Integrative Oncology. A graduate of the University of Michigan Medical School, he completed his internal medicine residency and internship at the University of California in San Diego, Fellowship in Integrative Medicine from the University of Arizona, and Integrative Oncology Observership at Memorial Sloan Kettering, University of California, San Francisco, and MD Anderson Cancer Center. Dr. Rao is Board Certified in Internal Medicine, Integrative, Holistic Medicine and Medical Oncology.

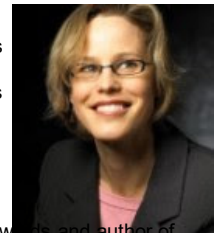


Research Committee



Ting Bao, MD, DABMA, MS, is an Assistant Attending at the Memorial Sloan Kettering Cancer Center's Integrative Medicine and Breast Services. Dr. Bao received her MD from Johns Hopkins School of Medicine and DABMA, Helm Medical Institute (California). She completed her residency with Johns Hopkins Bayview Medical Center and a Fellowship at Johns Hopkins Sidney Kimmel Comprehensive Cancer Center. Dr. Bao received a master of science degree in clinical research from the University of Maryland. She is a Board-certified medical oncologist focused on breast cancer, a medical acupuncturist, and a physician-scientist focused on studying the efficacy of complementary medicine in relieving cancer and its treatment of related symptoms. As principal investigator and author of a number of clinical trials, she has examined the effectiveness of acupuncture and explored the mechanisms by which it may improve quality of life for cancer patients. She is a member of the NCI Physician Data Query Complementary and Alternative Medicine Editorial Board and authors review and opinion articles for professional journals.

Linda Carlson, PhD, holds the Enbridge Endowed Research Chair in Psychosocial Oncology, an Alberta Heritage Foundation for Medical Research Health Scholar award, and is Full Professor in Psychosocial Oncology in the Department of Oncology, Faculty of Medicine at the University of Calgary. She is Director of Research and works as a Clinical Psychologist at the Department of Psychosocial Resources at the Tom Baker Cancer Centre. Dr. Carlson trained as a Clinical Health Psychologist at McGill University in Montreal, researching the area of psycho-neuroendocrinology. She worked as a post-doctoral fellow at the Tom Baker Cancer Centre, sponsored by a Terry Fox Postdoctoral Research Fellowship from the National Cancer Institute of Canada/Canadian Cancer Society and subsequently received a Canadian Institutes of Health Research New Investigator award from 2002-2007. She is the recipient of many research awards and author of more than 100 book chapters and research papers in peer-reviewed journals. Research includes her pioneering work in the application of Mindfulness-Based Stress Reduction for people living with cancer.



Opportunities

Nutrition and Cancer Prevention Research Practicum

- **Membership:** Continuing as Co-Chairs - Matthew Mumber, MD, and Omer Kucuk, MD

- **Communications:** Continuing as Co-Chair - Glenn Sabin

- **Patient Advocacy Task**

Force: Continuing as Co-Chairs - Josh Mailman and Jane Perlmutter, PhD

Read more about our new Co-Chairs in this NewsWire and, better yet, meet them in Houston. On Monday, October 27, our Committees will meet from 8:00-9:00 a.m. and we will welcome all SIO members to attend. We extend our gratitude for their leadership and vision to our outgoing Research Committee Co-Chairs, Debu Tripathy, MD, and Lorenzo Cohen, PhD, and our outgoing Clinical Practice Committee Chair, Moshe Frenkel, MD.

In appreciation

The conference marks the conclusion of my service as President, and the inauguration of our 2014-15 leadership team. It has truly been an honor to serve in this capacity for SIO and it has been a great opportunity to interact with integrative oncology leaders from around the globe.

As a society, SIO highly values an interdisciplinary and collaborative approach toward oncology care. We apply this approach to our leadership of the organization.

Please join me in applause for my colleagues on the Executive Committee - President-Elect and incoming President Suzanna Zick, ND, MPH; Immediate Past President Susan Bauer-Wu, PhD, RN, FAAN; Treasurer Richard Lee, MD; and Secretary Lynda Balneaves, PhD, RN. Please also join me in thanking our outgoing Board members Susan Bauer-Wu, PhD, RN, FAAN; Erika Erickson, and Mary Hardy, MD.

I deeply appreciate the dedication that these individuals have toward advancing our field. I look forward to announcing our incoming President-Elect and new Board members at our upcoming conference.

See you in Houston!

Very best,

Heather Greenlee, ND, PhD
President, SIO

Upcoming Events

October 26 - 28, 2014

The 2015 John Milner Nutrition and Cancer Prevention Research Practicum will be held March 2 to 6, 2015, at the National Cancer Institute in Rockville, Maryland, the NIH Clinical Center and the USDA Beltsville Human Nutrition Center. The Practicum is now accepting applications (deadline - December 19, 2014). The Practicum provides specialized instruction about the role of diet and bioactive food components as modifiers of cancer incidence and tumor behavior and introduces participants to current research, exposes them to available opportunities, and lays the foundation for future researchers in diet and cancer prevention. The practicum is open, at no cost, to those who have a commitment to nutrition including graduate students, registered dietitian nutritionists, and students enrolled in a CADE-accredited supervised practice program or combined with undergraduate or graduate studies. Academicians, physicians and other health care professionals in the early stage of their career also are eligible. Room, board, and transportation expenses are the responsibility of the participant. Full week commitment is required. For details about the practicum, eligibility and applying to the practicum, click [here](#).

Call for Papers - Acupuncture in Oncology

Editor-in-Chief Richard Niemtow, MD, PhD, MPH, plans to publish a special issue of [Medical Acupuncture](#) dedicated to the safe and effective use of acupuncture in oncology in summer 2015. All accepted papers will be published rapidly online ahead of the print issue. Guest Editors for this issue are Laura C. Bowman, MD, Radiotherapy Clinics of Georgia, and William C.S. Cho, PhD, FHKIMLS, CSc, FHKSMDS, FIBMS, Queen Elizabeth Hospital, Hong Kong. High-quality review articles and original articles are sought on clinical and research topics pertaining to: cancer pain management (liver, breast, pancreatic, lymphatic, etc.); pain medicine addiction; nausea; depression; and xerostomia. Other topics will be considered. The deadline for manuscript submissions is **December 15, 2014**. Please consult the author guidelines and submit manuscripts online [here](#).

Upcoming Conferences and Events of Interest

October 29, 2014

[Integrative Medicine Workshop](#)

MD Anderson Cancer Center, Houston, Texas

October 29 - 31, 2014

[American Institute for Cancer Research Annual Research Conference](#)

Washington, District of Columbia

March 14 - 17, 2015

[American Society of Preventive Oncology Annual Meeting](#)

Birmingham, Alabama



**11th International Conference of the Society for
Integrative Oncology**

Personalized Integrative Oncology: Targeted
Approaches for Optimal Outcomes
Omni Houston Galleria Hotel, Houston, Texas

November 14 - 16, 2015

**12th International Conference of the Society for
Integrative Oncology**

Boston, Massachusetts