



TUBA CITY REGIONAL HEALTH CARE CORPORATION

167 North Main Street
P.O. Box 600 Tuba City, Arizona 86045-0600
(928) 283.2501

Donation Request to fight COVID-19 on the Navajo Nation

The Tuba City Regional Health Care Corporation is located on the Navajo Nation, just fifty miles from the Grand Canyon. The Navajo Nation is the largest Indian reservation in the country – larger than New Hampshire, Massachusetts, Connecticut, New Jersey, Rhode Island and Delaware combined.

The Navajo Nation has an ever-increasing population that now surpasses 250,000 and in the best of times, the Navajo Nation is a place of great beauty but unusual hardship:

- 38% of Navajo homes lack running water. Making regular hand washing impossible.
- 32% of Navajo homes lack electricity. Refrigeration of foods and medicines is impossible.
- 60% of Navajo homes lack telephone service. Access to the internet is severely limited.

In these worst of times, the Navajo Nation has lost 335 lives and if the Navajo Nation were its own state, it would have the highest per-capital rate of confirmed positive coronavirus cases in the country.

- As of June 22nd, the total number of positive COVID-19 cases reached 6,990 on the Navajo Nation, and approximately 3,603 individuals have recovered.
- Officials at the U.S. Department of Health and Human Services describe the situation on the Navajo Nation as “dire”.

The Navajo People are self-reliant. They are used to traveling great distances on dirt roads to haul water back home for their families. The fight against COVID-19 requires a level of sanitation they cannot provide for themselves.

- The per capita income on the Navajo Nation is just \$10,695, or less than \$900 per month.
- Family incomes on Navajo are less than half that of the rest of Arizona.
- Federal per capita healthcare spending for Navajos is \$3,332, compared to \$9,207 for other Americans.

The Tuba City Regional Health Care Corporation (TCRHCC) is actively collecting donations to fight the COVID-19 pandemic. They have been at maximum bed capacity treating positive COVID-19 patients since March 18th and have transferred 140 patients. Rather than sending patients to larger hospitals in the Phoenix area, which is over 3 hours away from their home and prohibits family from visiting, TCRHCC continues to find better ways to treat their patients to keep them close to home. Donations are used to purchase supplies and equipment to improve the ability to deliver care and protect front-line staff from carrying the virus outside of the ‘red zone’.

Navajo Nation President Jonathan Nez said in an interview broadcast on National Public Radio:

“Tribal members keep coming back to their resiliency. As a people, we were taken out to Fort Sumner during the Long Walk. We almost got annihilated as a people. We persevered. We're utilizing our own resources. We're utilizing our own teachings and we're going to overcome this.” Strength and resilience define Native communities and with your help, we can help the Navajo Nation overcome the virus.

Any contribution you make is tax deductible and greatly appreciated. Ahéhee'! Thank You!
For more information, please go to www.tchealth.org or call (928) 283-2784 or (928) 283-2827.

TCRHCC COVID-19 Response and Relief Donation

PPE and Medical Supplies Needed:

All PPE and medical supply donations can be shipped to the following physical address:

Masks:

N95 Respirator:

- 3M 1860S
- 3M 1870+
- 3M 1860
- 3M 8200
- 3M 8210
- 3M 8511
- Cardinal Health Secure-Gard

Tuba City Regional Health Care Corporation
Attention: Donations
3008 East Birch Avenue
Tuba City, AZ 86045

Adult (Ear loop)
Child (Ear loop)
Surgical – regular
Surgical with face shield
Blue cone style

Gloves:

Exam Nitrile – Large
Exam Nitrile – X-Large

Supplies:

Sani-Cloths
Disinfectant wipes
Surgical caps bouffant (hair bonnet) – Universal
Scrubs – Sizes XL to 4XL
Hand sanitizer – 4 fluid ounces for patients

Equipment:

Mobile Radiographic Imaging System (\$110,000)